



PEARL FRACTIONAL LASER RESURFACING

IS PEARL FRACTIONAL LASER RESURFACING RIGHT FOR ME?

Pearl Fractional is a great option when you want to treat deeper, more established wrinkles or more severe acne scarring (or scarring from other causes). When choosing Pearl Fractional it is important that you be aware of the 'social downtime' needed post treatment. This means that your skin will be very red and raw (intentionally) and will require time to heal properly. Because our lasers are of the highest quality & strength of medical grade lasers, we require that spot tests be done prior to the full treatment. Our policy is that the treatment can be done two weeks after the spot tests are done. The purpose of the spot tests to determine the ideal Laser settings for your skin type.

WHAT CAN I EXPECT DURING THE TREATMENT

Pearl Fractional is an Ablative, Erbium-based laser treatment. An ablative treatment means that a certain amount of your skin will be removed, and this is the goal. The laser uses heat to vaporize columns of skin, in an established grid-like pattern. This will stimulate the healing process and encourage regeneration of collagen fibres. Depending on the discussion that you had in your initial consultation, you may have been prescribed a medication to help prevent a cold sore (herpes virus) breakout. Please ensure to have started these medications as instructed. Please arrive 30 minutes before your appointment. We will apply an anaesthetic cream to the entire treatment area and leave it to take effect for 30 minutes. We will ask you to fill out a 'new patient intake form. This will help us make treatment decisions tailored to your health and skin type. We will ask you to sign a consent form right before the treatment. This form will be explained thoroughly to you and you will have the time to ask questions. You will be seated in our treatment chair and put into a reclined position. The chair is able to move many different ways so don't be shy to ask for adjustments! The treatment itself may be slightly uncomfortable, but the creams' pain-controlling effects will be working. You will be wearing steel eye protection & will not be asked to keep your eyes closed. You will hear noises from the laser beeping, as well as from the suction machine that draws the vaporized skin away from the surface. **Some patients wear earplugs for comfort as the suction can be a little loud.** There is always a possibility of some minor bleeding during the procedure. Do not be concerned.

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WHAT WILL HAPPEN AFTER THE TREATMENT

As mentioned, it is important that you are prepared for the downtime required to properly heal from this treatment. You will receive clear post-treatment instructions as well as an emergency telephone number to call 24/7 with any concerns or questions. It is very important that you follow the post-treatment instructions closely as they will help to prevent you from getting an infection and help you to heal in the most optimal way. Once the instructions sheet says you can apply sunscreen, it is **very important** that you do this regularly, using a sunscreen with adequate UVA and UVB protection as your newly regenerated skin will be more sensitive to the sun.

HOW MANY TREATMENTS SHOULD I DO?

Most patients are satisfied with their results after a single treatment. We ask that you make a followup appointment 4 weeks after the procedure to discuss the outcomes. If you choose to have another procedure, we will make a plan with you on the best way to proceed.