



## **LASER HAIR REMOVAL**

### IS LASER HAIR REMOVAL RIGHT FOR ME?

Laser hair removal (LHR) is an excellent option for permanent hair reduction that will save your future self time and money. It is not effective on white, grey or blond hair. You can have LHR done pretty much anywhere on your body. Because our lasers are of the highest quality & strength of medical grade lasers, we require that spot tests be done prior to the full treatment. Our policy is that the treatment can be done two weeks after the spot tests are done. The purpose of the spot tests to determine the ideal Laser settings for your skin type.

### WHAT CAN I EXPECT DURING THE TREATMENT?

Depending on the discussion that you had in your initial consultation, you may have been prescribed a medication to help prevent a cold sore (herpes virus) breakout. Please ensure to have started these medications as instructed. Please arrive 10 minutes before your appointment. We will ask you to fill out a 'new patient intake form. This will help us make treatment decisions tailored to your health and skin type. We will ask you to sign a consent form right before the treatment. This form will be explained thoroughly to you and you will have the time to ask questions. You will be seated in our treatment chair and put into a reclined position. The chair is able to move many different ways so don't be shy to ask for adjustments! Depending on which laser head has been chosen for your hair removal treatment it will feel like either a rubber band snapping on the skin, or a small static shock. A cold gel will be spread on the treatment surface to protect the skin and increase your comfort. You will be wearing steel laser eye protection and will be asked to keep your eyes closed. You will hear the machine beep with each pulsation.

### WHAT WILL HAPPEN AFTER MY TREATMENT?

Immediately after the treatment you may experience some mild redness to the skin. A post laser treatment gel will be applied, followed by sunscreen if the area will be exposed. The most important thing post LHR is regular use of sunscreen (with adequate UVB and UVA protection) if the area will be exposed to sunlight. You will receive clear post-treatment

#### **Phone**

226-909-3590

#### **Address**

1415 1st Ave West, Suite #3004  
Owen Sound, On N4K 4K8

#### **Email**

info@profilemc.ca

instructions as well as an emergency telephone number to call 24/7 with any concerns or questions.

## HOW MANY TREATMENTS SHOULD I DO?

Your hairs go through 3 cycles of growth, with each individual hair being in a different stage at different times. LHR only targets hairs that are in the active growing phase. This is why it takes up to 6-8 treatments to target all of the hairs. The number of treatments is ultimately up to you.