



## CHEMICAL PEELS

### IS A CHEMICAL PEEL RIGHT FOR ME?

Don't be afraid of the name! A chemical peel uses a combination of Alpha-Hydroxy Acids (AHA's) and Beta Hydroxy Acids (BHA's) to exfoliate the accumulated dead & dying skin cells of the topmost layer of the skin, and penetrates into some of the deeper layers. It is a great treatment to use for dull skin, acne, and skin with any texture-based concerns (ex: keratosis pilaris).

### WHAT CAN I EXPECT DURING THE TREATMENT?

Please arrive 10 minutes before your appointment. We will ask you to fill out a 'new patient intake form. This will help us make treatment decisions tailored to your health and skin type. We will ask you to sign a consent form right before the treatment. This form will be explained thoroughly to you and you will have the time to ask questions. You will be seated in our treatment chair and put into a reclined position. The chair is able to move many different ways so don't be shy to ask for adjustments! We will ask you to close your eyes and we will cover them with cool damp gauze. Vaseline will be applied to your eyebrows and any large facial moles. Your skin will be cleansed with a special enzyme cleanser & a solution will be used to remove any oils present. The 'peel' part will then begin. It is applied with a cotton gauze. We apply one layer at a time, allowing up to 5 minutes of penetration before the next layer. You may start to feel cooling, tingling and a warming sensation. We will be observing your skin through the entire process. Once all the layers have been applied & allowed to penetrate, we neutralize the peel. Finally, we rinse your skin and apply a soothing gel & sunscreen.

### WHAT WILL HAPPEN AFTER THE TREATMENT?

Immediately afterwards your skin might be a bit red, but it should calm down after a few hours. 3-4 days after the treatment you may notice that your skin is flaking/peeling. This is the peel in action! This can go on for up to a week. It is very important to wear a good quality sunscreen with adequate UVB and UVA protection, **especially** for the initial 72 hours following the treatment. You will receive clear post-treatment instructions as well as an emergency telephone number to call 24/7 with any concerns or questions.

#### **Phone**

226-909-3590

#### **Address**

1415 1st Ave West, Suite #3004  
Owen Sound, On N4K 4K8

#### **Email**

info@profilemc.ca

## HOW MANY TREATMENTS SHOULD I DO?

- It is really up to you. Often this is combined with other treatments (ex: Silkpeel Dermalinfusion microdermabrasion). You can do them as frequently as weekly.